***Please circle residency***

*Resident of NRH Non-resident*



**January 2022 Registration Form  
Name:**\_\_\_\_\_\_\_\_\_\_\_\_\_

Forms need to be returned by 5pm on Monday, December 27 to be placed in lottery.

Payment for programs will be accepted from 8am on Wednesday, Dec 29 until Thursday, Dec 30 at 5pm. **Self Spouse**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Date** | **Activity** | **Time** | **Cost** | **Code** | C:\Users\jgriggs\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\COWUBNWC\821px-Red_Checkmark.svg[1].png | C:\Users\jgriggs\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\COWUBNWC\821px-Red_Checkmark.svg[1].png |
| Mon/Jan 3 | Card Making $5 to instructor by Dec 30 | 10:00am |  | 16108 |  |  |
| Mon/Jan 3 | Trail Trek – Walker’s Creek Park | 1:00pm |  | 16110 |  |  |
| Wed/Jan 5 | Wellness Seminar – Setting Goals to Create Real Change | 10:30am |  | 16111 |  |  |
| Thurs/Jan 6 | Bingo With **United HealthCare** | 2:00pm |  | 16112 |  |  |
| Fri/Jan 7 | Jenn’s Shenanigans – Soap Making | 2:00pm | $10 | 16113 |  |  |
| Mon/Jan 10 | Card Making $5 to instructor by Dec 30 | 10:00am |  | 16109 |  |  |
| Mon/Jan 10 | Benihana Lunch Bunch | 10:30am | $8 | 16114 |  |  |
| Tues/Jan 11 | Q&A with **Nations Insurance** | 1:00pm |  | 16115 |  |  |
| Tues/Jan 11 | Nat’l Milk Day with **Hospice Care Partners** | 2:00pm |  | 16116 |  |  |
| Wed/Jan 12 | Bingo with **United HealthCare** | 10:30am |  | 16117 |  |  |
| Thurs/Jan 13 | Widowed Persons Brunch **Nations Insurance** | 10:30am |  | 16118 |  |  |
| Thurs/Jan 13 | Support Group | 1:30pm |  | 16119 |  |  |
| Thurs/Jan 13 | Kitchen Team Training | 1:00pm |  | 16120 |  |  |
| Fri/Jan 14 | Kitchen Team Training | 10:00am |  | 16121 |  |  |
| Tues/Jan 18 | Kitchen Team Training | 2:00pm |  | 16122 |  |  |
| Wed/Jan 19 | Luncheon with **Green Valley Healthcare** | 11:00am |  | 16123 |  |  |
| Thurs/Jan 20 | Kimball Art Museum and Cracker Barrel | 9:30am | $8 | 16124 |  |  |
| Fri/Jan 21 | Pokeno – Bring a $15 Gift Card to the game | 3:00pm | $2 | 16125 |  |  |
| Mon/Jan 24 | Card Making $5 to instructor by Dec 30 | 10:00am |  | 16126 |  |  |
| Mon/Jan 24 | Trail Trek – Adventure World Park | 1:00pm |  | 16127 |  |  |
| Tues/Jan 25 | Cup of Soup with **Green Valley Healthcare** | 11:30am |  | 16128 |  |  |
| Wed/Jan 26 | Bingo with **United HealthCare** | 10:30am |  | 16129 |  |  |
| Wed/Jan 26 | Kitchen Team Training | 8:30am |  | 16130 |  |  |
| Thurs/Jan 27 | Chocolate Cake Day – **Watermere The Preserve** | 2:00pm |  | 16131 |  |  |
| Mon/Jan 31 | Card Making $5 to instructor by Dec 30 | 10:00am |  | 16132 |  |  |
| Mon/Jan 31 | Kitchen Team Training | 9:00am |  | 16133 |  |  |
| Tues/Feb 1 | Dave and Busters Trip | 10:30am | $8 | 16134 |  |  |
| January | January Donation |  | $5 | 16147 |  |  |
| Mon & Wed | Silver Sneakers: Please Check One  I need to pay for class  Insurance pays for Silver Sneakers | 8:30am | $15 | 16135 |  |  |

***See back for Regular Monthly Classes***

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Date** | **Activity** | **Time** | **Cost** | **Code** |  |  |
| Mon/Tues | Mahjong | 9:00am |  | 16160 |  |  |
| Monday | Crafty Quilters | 9:30am |  | 16161 |  |  |
| Monday | Dominoes (42) | 10:00am |  | 16162 |  |  |
| Monday | Meditation | 1:00pm |  | 16163 |  |  |
| Monday | Woodcarvers | 1:00pm |  | 16164 |  |  |
| Monday | High Beginner/Improver Line Dance | 1:00pm |  | 16165 |  |  |
| Monday | Beginning Line Dance | 3:30pm |  | 16166 |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Tues/Fri | Pinochle | 8:00am |  | 16167 |  |  |
| Tuesday | Just Keep Movin’ | 8:30am |  | 16168 |  |  |
| Tuesday | Knitwits (Knitters and Crocheters) | 10:00am |  | 16169 |  |  |
| Tuesday | Tai Chi | 11:00am |  | 16170 |  |  |
| Tuesday | NRH Singers (1st & 3rd Tuesdays) | 12:30pm |  | 16171 |  |  |
| Tuesday | Watercolor Paint | 1:00pm |  | 16172 |  |  |
| Tuesday | Brazilian Embroidery | 1:00pm |  | 16173 |  |  |
| Tuesday | Yoga/Pilates | 2:00pm |  | 16174 |  |  |
| Tues/Thurs | Chair Yoga | 3:30pm |  | 16175 |  |  |
|  |  |  |  |  |  |  |
| Wednesday | Drawing | 9:00am |  | 16176 |  |  |
| Wed/Fri | Light & Lively | 9:30am |  | 16177 |  |  |
| Wednesday | Jam Session | 1:00pm |  | Walk In |  |  |
|  |  |  |  |  |  |  |
| Thursday | Bridge Room 8:30am to 12:00pm | 8:30am |  | 16178 |  |  |
| Thursday | Guitar | 9:00am |  | 16179 |  |  |
| Thursday | Dominos (Mexican Train) | 9:00am |  | 16180 |  |  |
| Thursday | Yoga with Connie | 12:30pm |  | 16181 |  |  |
| Thursday | Oil Painting | 1:00pm |  | 16182 |  |  |
|  |  |  |  |  |  |  |
| Friday | Just Keep Movin’ | 8:30am |  | 16183 |  |  |
| Friday | Spanish 1 (Verbs) | 10:00pm |  | 16184 |  |  |
| Friday | Yoga/Pilates | 10:30am |  | 16185 |  |  |
| Friday | 99 (Card Game) | 1:00pm |  | 16186 |  |  |
| Friday | Intermediate Line Dance | 1:00pm |  | 16187 |  |  |

Classes that are registering now will be good for January, February and March 2022.